



Vol. 5

*Motto*

**Work hard and reach for the stars!**



West Bend Mutual Insurance Project SEARCH

This week we began the Safe Food Crew Curriculum. This is a curriculum that includes food safety training modules and was developed for those who will have any experiences within the food service industry. There are 15 modules and a certificate is awarded when all the modules have been mastered.

**Special points of interest:**

- INTERNS WILL NOT BE AT WBMI ON THURSDAY 10/19 OR FRIDAY 10/20.
- NEXT MONTHLY EMPLOYMENT MEETINGS WILL BE HELD ON 11/7/17.

Bryce working on the serving line for Taco Tuesdays!



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## Portfolios

The interns continued to work on their portfolios. A portfolio is an organized presentation of an individual's education, work samples, and skills. This allows the interns to shine a light on their best work and is a useful tool to take when going on an interview.



“MY SON HAS MADE MORE GAINS SOCIALLY IN ONE MONTH OF PROJECT SEARCH, THAN HE HAS IN 12 YEARS OF SCHOOL.”

## Social Skills

The Interns are working on planning a “get together” night apart from the Project SEARCH worksite. They have bounced around a few ideas such as going bowling, meeting up at a restaurant, or going to a movie. Whatever they decide to do they will have made great new connections and friendships.



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## Health Matters

One of the areas that we have been concentrating on is our health. We are using the Health Matters Curriculum, which is an exercise and nutrition health education curriculum.

Improved health education and health literacy is a critical component for people to gain control over their health and manage chronic conditions, according to the World Health Organization. People with limited or inaccurate

knowledge about the body and the causes of disease may not understand the relationship between life style factors (e.g., diet and exercise) and health outcomes and recognize when they need to seek care. Having healthy literacy skills allows people to share personal and health information with health care providers and engage in self-care and chronic disease management. Individuals are also more

likely to adopt health-promoting behaviors, such as exercising and eating a healthy diet, and act on health related news and announcements. In turn, these outcomes impact health outcomes, health care costs and quality of care.



## Positive self-talk

Ever find yourself thinking negative thoughts? Try some of these positive self-talk statements:

I will not give up!

This is hard, but I'll keep trying!

I am good at many things!

I will not give up!



## West Bend Mutual Project SEARCH 2017-2018 School Year Calendar



Project | SEARCH

<b>September 5</b>	<b>1st Day of School for Interns</b>
<b>October 19</b>	<b>No School For Interns (Staff Development)</b>
<b>October 20</b>	<b>No School For Interns</b>
<b>November 22</b>	<b>No School For Interns (Staff Development)</b>
<b>November 23-24</b>	<b>No School For Interns- Thanksgiving Break</b>
<b>December 23-January 1</b>	<b>No School For Interns Winter Break</b>
<b>January 2 Classes Resume</b>	
<b>January 22</b>	<b>No School For Interns (Teacher Work Day)</b>
<b>February 12</b>	<b>No School For Interns (Staff Development)</b>
<b>March 2</b>	<b>No School For Interns (Staff Development)</b>
<b>March 26th-April 2</b>	<b>No School- Spring Recess</b>
<b>April 3 Classes Resume</b>	
<b>May 28th</b>	<b>No School For Interns- Memorial Day</b>
<b>June 5th</b>	<b>Last day of School</b>
<b>June 6th</b>	<b>Graduation Ceremony</b>