



The Threshold Incorporated **Adult Day Services Program**

The Adult Day Services (ADS) program at The Threshold Incorporated in West Bend is a multi-faceted program serving adults who are challenged by multiple disabilities. The ADS program is designed to provide alternative day programming for individuals whose capabilities suggest success in areas other than full /part time supported employment. Programs may be based at The Threshold facility in West Bend, a satellite site, or in the client's community.

The following vocational, educational, and social opportunities are available for clients.

Vocational: Those who indicate a greater desire to work may have a daily opportunity through participation in the Vocational Services Options program.

Adult Daily Living Skills: Independent living/life skills as they relate to the community and work setting are emphasized throughout the day during participation in the ADS program.

Chef's Club: There are a variety of cooking opportunities

Community Activities: Community activities are offered daily.

Leisure: During leisure time, clients are offered a wide variety of arts and crafts projects along with expressed preferred personal activities.

Music: Music therapy is provided three times a month by a licensed therapist from Cedar Campuses.

Enabling Garden: Individuals participate in plant selection; planting, weeding, watering, and most of all enjoying the vibrant colors and smells of the garden.

Cognitive: All three programs have access to up-to-date lap tops and I-pads. Software available is a mix of educational programs and games.

Problem Solving: Individual and group problem solving activities are designed to facilitate expression of feelings, promote self-esteem and self-expression, manage stressors, emphasize socialization and safety skills.

Exercise: Maintenance programs as outlined by physical and occupational therapy are also carried out by ADS staff.

Multi-Sensory Awareness: Multi-sensory awareness activities are provided throughout the day. The ADS program also has a sensory room to encourage individuals to improve their interaction with their environment.